



RIDLEY JR. A.B.A. SEASON RULES

- Please remember that it is your responsibility as a coach, parent, spectator, referee or player to allow ALL participants to have fun.
- Playing time for in-house league play must be equal and fair.
 10 players – every player will play ½ of each quarter of the game
 9 players – 4 different players will play 1 complete quarter and ½ of the other 3 quarters; and the other 5 players will play ½ of each quarter
 8 players - all 8 players will play 1 complete quarter and ½ of the other 3 quarters
 7 players – every player must sit at least ½ quarter
 6 players – every player must sit at least ½ quarter
 5 players – everyone will play the entire game
 If a player is late they must still sit the required time. **THESE RULES MUST BE FOLLOWED. IF A COACH CHOOSES TO IGNORE THIS RULE, THE LEAGUE WILL DECLARE THE GAME A FORFEIT AFTER ITS CONCLUSION AND THE COACH WILL BE SUBJECT TO DISCIPLINARY ACTION INCLUDING REMOVAL FROM THE PROGRAM, IF NECESSARY.**
- Coaches must use their allotted practice sessions and players must make every effort to attend practices. This time is meant for teaching and learning the game of basketball.
- Coaches must keep the players informed of their role on the team. A word of praise goes a long way. If discipline is required; fairness must accompany it.
- As coaches, players and parents, we are all required to act in a responsible manner. If a situation occurs that upsets you, please do not take it out on the referees, players or coaches. Raise your questions in a polite manner and at the appropriate time and they will be answered. The screaming and hollering at referees, coaches and scorekeepers will NOT be tolerated. Violators will be escorted out of the gym.
- Coaches are responsible for getting a parent to keep the book and clock during their game.
- **Coaches are required to sit or stand within the bench area of the team, away from the scorer's table, all assistant coaches and players need to be seated on a chair.**
- **No parents are permitted near or behind the player's bench or scores table**

Division	Quarters	Fouls	1 and 1	Time Outs *	DEFENSE				OT	Full Court Pressure
					1 st Qtr	2 nd Qtr	3 rd Qtr	4 th Qtr		
9 Boys	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***Last 2 Min of Game***
9 Girls	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***Last 2 Min of Game***
10 Boys	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***Last 2 Min of Game***
10-11 Girls	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***Last 2 Min of Game***
11-12 Boys	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***2nd Half***
12-14 Girls	7 Min	5	7/10	2 per Half	Man	2-1-2 Zone	Man	2-1-2 Zone or Man	2 min	***2nd Half***
13-15 Boys	8 Min	5	7/10	4 per game	ANY D	ANY D	ANY D	ANY D	3 Min	Anytime

Full Court Pressure needs to man to man defense ONLY: No Double Teaming the Ball or Chasing the Ball all over the court

* Times outs are allotted on a use them or lose them basis. No carryover to overtime. 1 time out per overtime period.

- **THE REQUIRED ZONE DEFENSE MUST BE A 2-1-2 ZONE. OTHER TYPES OF ZONE DEFENSE MAY BE PLAYED IN THE 'ANY D' PERIODS**
- There is to be NO isolation, clearing out one side so that a good ball handler can work one-on-one against a lone defender. Also, in a man defense, a help defender can be in the lane in a help position (Ball & Man) as long as he/she is defending the next closest player to the ball.

- NO FULL COURT PRESSURE IS PERMITTED WITH A LEAD OF 12 POINTS or MORE. A warning will be issued and then a technical foul will be called if it continues.
- P.I.A.A rules will be used for all rules, except for the one noted above
- PARENTS: If you have a concern or a question, please address it with the coach first. If you are not able to resolve the issue, please go to the division director. If you still can't resolve the matter you may bring it to the Ridley Jr. ABA Board for a final resolution.
- Every effort has been made for this to be a successful season and with cooperation from everyone, it will be just that.

Game Rules for the 5&6 and 7&8 divisions:

Regular basketball rules are in place – let's make sure we TEACH the rules each week during the practice time.

They should not run with the ball, double dribble, or dribble with 2 hands.

They need to take the ball out of bounds when it is the proper time.

They need to make sure they don't stand in the lane for more than 5 seconds when on offense.

They should know how to set-up for a foul shot.

They should know how to set-up for a jump ball (starts each game – then we alternate possessions).

Coaches will be on the court (out of the way of the players) talking; instructing & being the referee (every coach should have a whistle).

We want the players to learn the game; so we will help them understand when they do something wrong.

Make sure we call the hard fouls so that no one gets hurt.

We should try to get every player a basket before the year is over.

Try to discourage a player from being the ONLY one touching the ball every time down.

Every player should have a chance to handle the ball (point guard) through the season. Watch for someone stealing the ball all the time.

Allow 1st pass from point guard to be made.

We will have every team play a 2-1-2 defense; and please make sure you teach the players to stay in their yard.

Staying in their yard means – draw an imaginary circle around their position and they don't go everywhere on the court.

By game #7, we will try to add a man-to-man quarter – **[**7&8 year olds only**]**

Game #7, introduce man-to-man defense at practice. Play last 10 min. of 2nd half for games #7 – 10. **[**7&8 year olds only**]**

When defensive team gets the offensive rebound; hold the ball and allow the teams to go down the court and get set-up.

NO FAST BREAKS.

Make sure no player plays the whole game. Make every effort to have all kids play the same amount of time.

LET'S TEACH THE GAME THOROUGHLY AND MAKE SURE EVERYONE WALKS OUT WITH A SMILE ON THEIR FACE!!!!!!

Games -- 5&6 year olds

30 min. practice before game

15 min. 1st half

5 min. half time break

10 min. 2nd half

Games -- 7&8 year olds

20 min. practice before game

20 min. 1st half

5 min. half time break

15 min. 2nd half